



FIRECARE
SECURITY & ELECTRICAL LTD

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FIRST AID AT WORK COURSE

FIRST AID AT WORK

The First aid at work training course provides the comprehensive set of practical skills needed by first aiders in most workplaces to become a confident first aider at work. Giving both the ability and knowledge to deal with first aid emergencies. It meets the standards required to help comply with Health and Safety (First aid) regulations.

- Head injuries
- Health and safety (first aid) regulations
- Low blood sugar
- Poisoning
- Resuscitation (adult CPR)
- Seizures (adult)
- Severe allergic reaction
- Shock
- Spinal injuries
- Stroke
- Unconscious casualty

WHO NEEDS THIS QUALIFICATION?

Designated First Aiders at Work

COURSE CONTENT

- The role of the first aider
- Managing an emergency
- Communication and casualty care
- Asthma
- Bleeding (minor and severe)
- Bone, muscle and joint injuries
- Burns and scalds
- Chest pains (including heart attack)
- Choking (adult)
- Eye injuries
- Fainting

DURATION

3 Days

MAX OF DELEGATES

Up to 10 delegates

ASSESSMENT

Continuous assessment and practical assessment

 FireCare Security & Electrical Ltd

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